

Sandwich lunches

The Working Lunch

A quality cut lunch

Meat and vegetarian fillings on assorted white, rye and wholegrain bread.

Cut in rounds, or ribbons if specified.

\$9.50/person (minimum 10)

\$9.00/person (minimum 50)

+ \$0.20/person for ribbons/person

+ \$2.00/person extra for gluten-free/vegan options

1½ rounds/person

The Premium Selection

A cut above the average cut lunch

A range of sandwiches, mini rolls, wraps, and French-style baguettes with gourmet fillings

\$13.00/person (minimum 10)

\$12.00/person (minimum 50)

+ \$2.00/person extra for gluten-free/vegan options

1½ rounds/person

Effective 1/11/2009

The Deluxe Selection

A delicious selection of sandwiches and savouries

A range from the premium selection, plus assorted savouries, for example:

Tandoori drumettes, savoury muffins, pastizzi, nori rolls, crispy dahl cakes, zucchini slice, dolmades and felafels,

\$15.50/person (minimum 10)

\$14.50/person (minimum 50)

\$2.00 extra /person for gluten-free*/vegan options

1 round of sandwiches, plus 2 savouries/person from a range of 4 savouries

Platters

Mezze

Flavours from the Middle East, delivered hot, or cold for you to reheat

Spiced mini drums, fresh felafels, dolmades, stuffed olives, cheese and spinach pastizzis, dips and Turkish bread

\$11.00/person (minimum 10)

\$10.50/person (minimum 50)

8 pieces/person

Antipasto

A selection of Italian favourites, delivered hot, or cold for you to reheat

Chorizo puffs, mini-Mediterranean muffins, zucchini slice, Italian meatballs, olives, prosciutto and taralli

\$11.00/person (minimum 10)

\$10.50/person (minimum 50)

8 pieces/person

Near-eastern nibbles

Fresh flavours of Asia, delivered hot, or cold for you to reheat

Rice paper rolls, nori rolls, lemongrass chicken drums, coriander and chilli meatballs and crispy dahl cakes with relish

\$11.00/person (minimum 10)

\$10.50/person (minimum 50)

8 pieces/person

Mixed Budget

A tasty spread for leaner occasions

Mini-Mediterranean muffins, felafels, dolmades, two dips and bread, stuffed olives and cocktail sandwiches

\$9.00/person (minimum 10)

\$8.50/person (minimum 50)

8 pieces/person

Sweet platters

Freshly baked sweet treats

\$5.50/person (minimum 10)

\$5.00/person (minimum 50)

2 sweeties per person

Fruit and cheese platters

A great addition to any party

cheese platter

\$7.50 (minimum 10)

\$6.50 (minimum 50)

fruit platter

\$6.00 (minimum 10)

\$5.00 (minimum 50)

Charcuterie

A selection of charcuterie and antipasto. The perfect partner to our salads

Sliced prosciutto, smoked salmon, sliced turkey, tandoori mini drumsticks, rare roast beef, olives, cornichons, marinated peppers, marinated feta, zucchini slice, relish and Dench's bread

\$15.50/person

Minimum 10pp

Budget party nibbler

Crunchy snacks to go with drinks

Chilli and fennel taralli, olives, corn crisps and guacamole, spiced nuts, vegetable crudites and crispy dahl cakes with relish

\$7.00/person (minimum 20)

\$6.50/person (minimum 50)

Juices

Daily Juice orange (2 litres) \$6.75

Daily Juice apple (2 litres) \$6.75

Emma and Tom's juice (350ml) \$3.50

Soft drinks

Sparkling water (1.25 litre) \$4.20

Individual Tiro drinks (350ml) \$3.20

Tea and coffee

Bar packages

Please call/email us for a quote

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www.bigharvest.com.au

151 Elgin St. Carlton VIC 3053

BIG HARVEST
good food

Breakfast

Make up your own combination

- House muesli, compote and yoghurt boxes (\$6.50)
- Fruit salad boxes (\$5.00 + 50c with yoghurt)
- Assorted mini danishes (\$3.00)
- Ham and cheese mini croissants (\$3.00)
- Mixed berry muffin (\$3.00)
- Zucchini and feta muffin (\$3.00)
- Egg and bacon pide with chilli jam (\$8.00)
- Herb and feta omelet pide (\$8.00)

Minimum order \$150

Minimum of 5 orders per item

First delivery from 7.30am

Shop pick-up available from 7am

Something different

Brown bag lunch-orders

A packed lunch for the team

Bag 1

- 1 demi-baguette (chicken, beef or felaful salad)
 - 1 mixed berry muffin
 - 1 Emma and Tom's juice
 - 1 piece of fruit-of-the-season
 - 1 small mixed salad
 - 1 wooden fork and paper napkin
- The salad can be replaced with a larger baguette

Bag 2 *

- 1 mezze box, containing 3 salads, 1 spicy mini drumstick, 1 dolmade, 2 felafuls, olives and hommus
 - 1 piece of flourless orange cake
 - 1 Emma and Tom's juice
 - 1 piece of fruit-of-the-season
 - 1 wooden fork and paper napkin
- Vegan/gluten-free options are available

\$18.00/person (minimum 10)

\$17.00/person (minimum 50)

Morning/Afternoon tea

Parlour classics for morning or afternoon tea

Scones with jam and cream, assorted ribbon sandwiches, cake of the day, savoury pastries, fresh sweet slices

\$12.00/person (minimum 10)

\$11.00/person (minimum 50)

Six pieces/person

Fresh Salads

Made to order with market-seasonal ingredients

- green salad
- Moroccan carrot & cashew
- spicy chickpea & veg
- lentil, mint & feta
- rocket and Parmesan
- beetroot, dill & walnut
- potato, herb and lemon mayo
- white bean, fennel & mint
- mixed cabbage and herb slaw
- herby, nutty brown rice salad
- tangy chicken, glass noodle slaw
- Tandoori chicken cous cous
- chicken Caesar
- smoked chicken Waldorf
- tuna niçoise
- tuna, black-bean and chilli
- salmon, brown rice and herb kedgeree

\$5.00/person (minimum 10)

\$4.80/person (minimum 50)

*For meat salads add \$2.00/person

About 1 rice-bowl size/person

Banquet on a budget

A hot lunch delivered ready to serve for smaller gatherings

Option 1

Chicken Makhani, spiced cous cous, carrot salad, lentil with feta and mint salad, orange cakes with honey labna, fresh fruit, apple or orange juice

Option 2

Slow-cooked lamb braise, herbed orzo, Greek salad, beet and orange salad, spiced apple cake with whipped cream, apple or orange juice

\$25.00/person (10-40 people)

Option 3

Meatballs in Napoli sauce, risoni noodle salad, chicken Caesar salad, tangy slaw, assorted cakes, apple or orange juice

Option 4

Lemon thyme chicken, potato salad, rocket and Parmesan salad, Waldorf salad, chocolate brownie with whipped cream, fresh fruit, apple or orange juice

You will need plates, cutlery, glasses and service equipment (tongs, spoons) ready for service

We advise that food should be delivered 15 minutes before service and consumed within 90 minutes upon delivery

Food is served in white plastic platter-ware. We'll gladly accept returns

Prices are valid Mon-Sat 9am-5pm. This offer does not include service staff. We deliver, serve to your buffet table, then depart.

The fine print

All prices include GST. Free delivery for orders over \$150.00 within 8km of Melbourne GPO during business hours Mon-Fri 9am-5pm, Sat 9am-3pm. Charges may apply for other deliveries.

Orders must be placed by 2pm the previous day. You can fax, [email](#) or phone through an order. Advance orders will receive priority during peak times. Orders may be declined if quotas are filled.

Prices are negotiable for 100+ groups. Contact us for details.

Minimum order for after hours catering is \$1000

We guarantee food safety for two hours after delivery. We recommend that all unrefrigerated food be discarded after two hours.

Our kitchen prepares a wide range of tasty things every day, and so we cannot guarantee that they are free of potential allergens.

Big Harvest can design custom menus for larger functions and corporate requirements.

We can provide most things you need, including service staff, bartenders, beverages, equipment hire and event management.

Call/email us with event details for more information, and visit our website www.bigharvest.com.au for updated menus and special offers.